

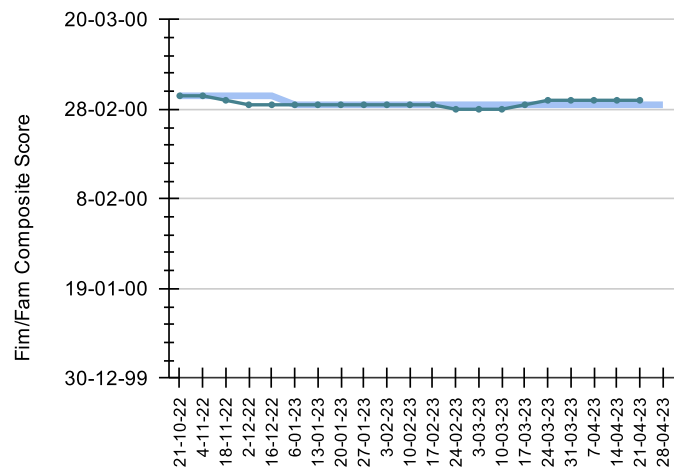
FIM/FAM Comparison Charts



In the graphs shown below, we have compared Ness members with the predicted Alzheimers and Vascular Dementia trajectory.

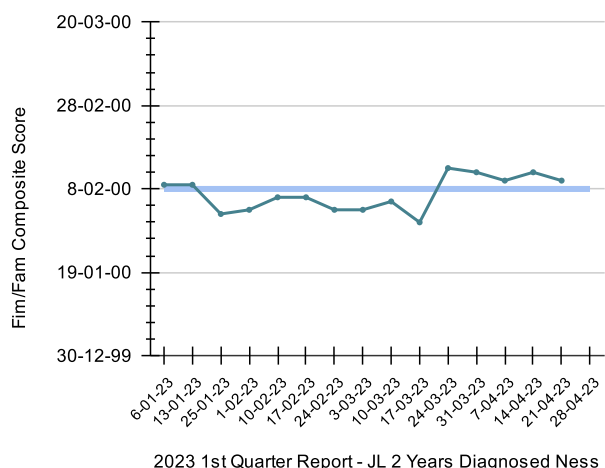
Diana	Baseline	Fim-Fam Score	Difference
21-10-22	63	63	0
4-11-22	63	63	0
18-11-22	63	63	0
2-12-22	63	62	-1
16-12-22	63	61	-2
6-01-23	61	61	0
13-01-23	61	61	0
20-01-23	61	61	0
27-01-23	61	61	0
3-02-23	61	61	0
10-02-23	61	61	0
17-02-23	61	61	0
24-02-23	61	61	0
3-03-23	61	60	-1
10-03-23	61	60	-1
17-03-23	61	60	-1
24-03-23	61	61	0
31-03-23	61	62	1
7-04-23	61	62	1
14-04-23	61	62	1
21-04-23	61	62	1
28-04-23	61	62	1

On the vertical axis we have our composite FIM/FAM score. The line through all of the data points is our members baseline which was taken at their first session with us.

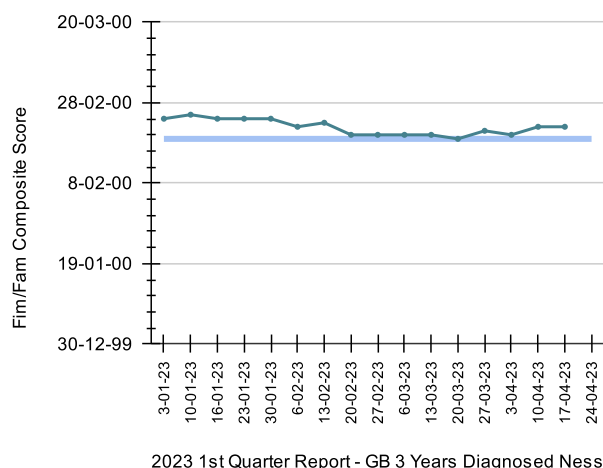


2023 1st Quarter Report - DL 1 Year diagnosed Active

- Baseline
- Composite FIM/FAM Score



2023 1st Quarter Report - JL 2 Years Diagnosed Ness



2023 1st Quarter Report - GB 3 Years Diagnosed Ness

- Baseline
- Composite FIM/FAM Score

Jean	Baseline	Fim-Fam Score	Difference
6-01-23	40	40	0
13-01-23	40	41	1
25-01-23	40	41	1
1-02-23	40	34	-6
10-02-23	40	35	-5
17-02-23	40	38	-2
24-02-23	40	38	-2
3-03-23	40	35	-5
10-03-23	40	35	-5
17-03-23	40	37	-3
24-03-23	40	32	-8
31-03-23	40	45	5
7-04-23	40	44	4
14-04-23	40	42	2
21-04-23	40	44	4
28-04-23	40	42	2
28-04-23	61	62	1

Gisela	Baseline	Fim-Fam Score	Difference
3-01-23	51	51	0
10-01-23	51	56	5
16-01-23	51	57	6
23-01-23	51	56	5
30-01-23	51	56	5
6-02-23	51	56	5
13-02-23	51	54	3
20-02-23	51	55	4
27-02-23	51	52	1
6-03-23	51	52	1
13-03-23	51	52	1
20-03-23	51	52	1
27-03-23	51	51	0
3-04-23	51	53	2
10-04-23	51	52	1
17-04-23	51	54	3
24-04-23	51	54	3

Some clients score in the 60s, others 50s and lower. For context, a high functioning member would produce a composite score in the 50s and 60s, moderate functioning would produce a composite score in the 40s and moderate to advanced would produce a score in the 20's and 30's. The graph shows us that by engaging with Ness therapies and keeping an individual stimulated, we can slow the progression of the disease and help facilitate an individual to live well with dementia.

Case Study

Mrs WB

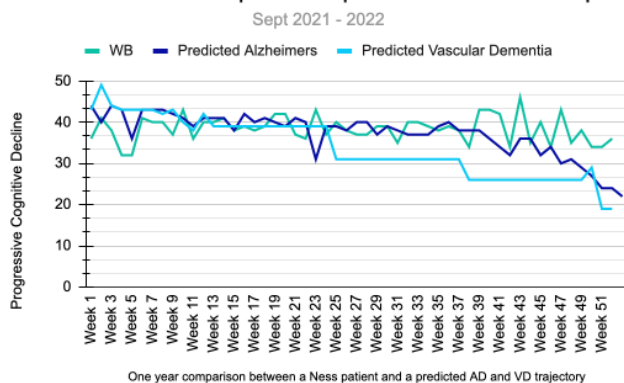
This week Mrs WB moved to a lovely care home after 5 years of support by The Ness Care Group. She was an amazing woman and without Ness involvement MRS WB would have required complex 24 hour care potentially 3 years earlier. She makes for a fascinating case study.

WB came to us through a private referral by her daughter in 2018. She had been diagnosed with Alzheimer's 2 years previously in 2016. She was a very well presented woman who always carried a handbag, always had her makeup on and her hair done. She had an excellent sense of humour and traditional in her manners and behaviour at the dining table.

At the start she attended the Hub once a week, engaging well socially and enjoying the sessions. We noted a mild to moderate baseline with good communication, comprehension, poor working memory but reasonable long term memory. No signs of anxiety or confusion. We ran Therapy sessions with her every week, however, over the next 3 years her Alzheimer's showed some progression; her function decreased but her language remained strong, her ability to engage and her comprehension also remained good. In 2021 we began to track her cognitive function as her visits increased to 3 times a week. By this stage we would have scored her dementia in the moderate stage.

Our focus was to maintain her at home with her husband by maintaining her physical and mental function and regulating her emotional state. Over 3 years we noted some changes to her personality and some decrease in her brain function with decreased communication & increased episodes of anger and frustration but these were managed well and didn't cause wider issues, on the whole WB stayed incredibly stable in her disease.

The Ness Care Group CST Impact Measurement Report



She continued to engage well and happily at the Ness Hub despite noting a decreasing ability to concentrate for long and a drop in complex communication but we noted continued comprehension and sporadic excellent communication. She continued to manage her own personal needs and to enjoy her food. Her physical fragility also dipped over the last year but through Ness physio she continued to move around her home.

As you will note on the graph over 2021 and 2022 despite some dips and improvements (mostly related to diagnosed UTI's and brief respite stays, both causing a dip in function) WB remained at a consistent cognitive function. At far greater stability of function than predicted by her diagnosis or seen by those who don't attend specialist spaces. She transitioned into a care home at a time that was right for her & her husband but much later than normally predicted. WB is a great example of the positive long term impact of CST and Ness care and as an aside saved the family £10,000s by remaining at home.

Case Study

Mr TC

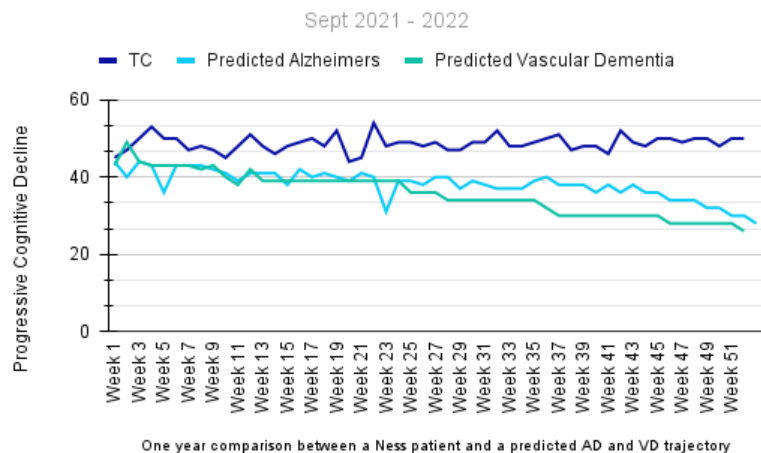
Mr TC's wife first approached us in 2019 following her husband's Alzheimer's diagnosis. Mr TC was a smart, well-presented gentleman who had spent years working in the NHS as a qualified nurse. He had a great sense of humor and a heart of gold. Mr TC was very aware of his changing cognition and was excited to keep his brain stimulated through Ness Therapy.

Due to his mild symptoms, Mr TC first joined our Active Minds group which uses a variety of cognitive and physical therapies to keep the mind and body active. We noted a mild baseline with good cognition, comprehension and long term memory with mild to moderate working memory and communication.

After enjoying our Active Minds session so much, he also decided to attend our Ness Hub for an additional 2 full days a week to increase his level of weekly stimulation. Mr TC often reported an increase in confidence and ability to articulate his thoughts following his sessions.

After 2 years of Ness Therapy Mr TC was still maintaining his cognitive function and had increased to 3 full days at our Ness Hubs. We had started to notice an increase in anxiety and tailored our therapy to help regulate Mr TC's emotions. In 2021 we began to track his cognitive function after seeing promising results from Ness Therapy in 90% of our members over the last 3 years.

The Ness Care Group CST Impact Measurement Report



Our primary focus for Mr TC was to maintain his cognitive abilities, regulate his anxiety and provide much needed respite for his wife who was unfortunately suffering from ill health. Mr TC responded very well he formed great social connections with other members and continued to demonstrate his care giving nature by helping everyone he met. Mr TC would also often seek comfort from staff surrounding his anxieties and struggles as a result of his disease and regularly referred to The Ness as his safe space.

As you will note in our 2021-2022 graph despite some dips and peaks which mostly relate to career breakdowns (helped by Ness intervention support) and brief respite stays, Mr TC maintained a good consistent cognitive function over the 12 month period. Far greater than his diagnosis's predicted trajectory. Mr TC has now transitioned into a lovely care home due to his Wife's illness and still attends our Ness Hubs twice a week to continue his cognitive stimulation, which he calls the highlight of his week. We are incredibly excited to see the Ness continuing to support Mr TC in the next phase of his journey.